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Current Challenges and Opportunities in Positron Emission Tomography

- Basic principles and applications
- Limits to performance
- Current developments
- Challenges and opportunities

Annihilation coincidence detection



Detection of pmolar concentrations of tracer





Hot cells





Chemistry

Synthesis units

Specificity of PET radiotracers

¹⁸F-DOPA

¹¹C-MDL 100907





¹¹C-Raclopride



¹¹C-FLB 457

¹¹C-WAY 100635



¹¹C-DASB





Paul Grasby, MRC Clinical Sciences Centre

FDG-PET demonstrates response to Gleevec (tyrosine kinase inhibitor) in gastrointestinal stromal tumor (GIST)



Baseline

Day 1

3 years

Van den Abbeele et al - Dana-Farber Cancer Institute

Standard scanner configuration



Whole body protocol



AC No AC





Multimodality: combined PET-CT systems









¹⁸FDG PET scanning in oncology F Castell and GIR Cook 1598 Α в

ıpg

Figure I A liver metastasis from a gastric GIST before (A) and I week after (B) commencing imatinib therapy. FDG PET/CT scans, unenhanced CT (left), fused FDG PET and CT (right). Although there has been no morphological change in the metastasis, the abnormal baseline metabolic activity (colour scale) has rapidly resolved indicating sensitivity to the drug. The SUV fell from 5.0 to 1.8.

Combined PET/CT imaging – very different detector technologies





'LabPET' APD small animal PET system

- PET pulse mode/poor spatial resolution (1mm here)
- CT 50keV/current mode/high spatial resolution (typically 100um)
- photon counting mode CT acquisition (energy discrimination..)
- But..little motivation for human systems as imaging times are so different

Christian Thibaudeau, Sherbrooke Molecular Imaging

HRRT High resolution brain scanner



3D OSEM+PSF (improved model of data mean) (3D PSF methods: c. 2002- c. 2013)



Small animal PET-CT





- plant imaging...





Budassi, MIC 2012

And long history of many other application-specific prototypes

- Breast
- Prostate
- Brain
- .. but all commercial development aimed at whole body PET-CT systems

Scanner spatial resolution

Positron range

• For ¹⁸F contribution of positron range

to spatial resolution is ~ 0.15mm



180° ± 0.25°

Acollinearity of annihilation gammas

- Magnitude of error increases linearly with diameter of scanner
- For 1m diameter contribution to spatial resolution ~ 2 mm

Detector element dimensions

- Contribution ~ d/2
- So typically 2-3 mm



<u>.....</u>

Limits to resolution: contribution of physical factors

Clinical PET (80cm diameter) / ¹⁸F



Small animal PET (8cm diameter) / ¹⁸F

J R Stickel and S R Cherry, High resolution PET detector design: Modeling components of intrinsic spatial resolution, Phys Med Biol 50 (2), pp. 179-195. (2005).

Depth of interaction effects













Collimated single photon system

Absolute sensitivity ~ 0.05% Positron Emission Tomography

Absolute sensitivity ~ 0.5 - 5%~ $\Omega \epsilon^2/4\pi$

Randoms and scatter

Same true counts but

additional 'fat' layer

- Contribute background across image easily (!) corrected
- Increased noise reduces image SNR
- Both randoms and scatter increase with patient size
- Randoms also increase with activity
- Energy and temporal resolution > improved SNR
- Many prototypes fail to consider these issues...



Time of flight



flight measurement) that the source is located at that pixel.

• 100ps >> 1.5 cm

- First tried in 1980s using BaF₂
- Now being revisited with LSO/SiPM ~ 350 ps
- Promises significant SNR improvements



Philips Gemini ToF scanner

Surti et al, JNM 2007

Bill Moses, LBLN - 51788

TOF

Non-TOF









First PET-MR images – 1997 !

Yiping Shao, Simon R Cherry, Keyvan Farahani, Ken Meadors, Stefan Siegel, Robert W Silverman and Paul K Marsden, "Simultaneous PET and MR imaging", Phys. Med. Biol. **42** (1997) 1965–1970.



medicine

Simultaneous PET-MRI: a new approach for functional and morphological imaging

Martin S Judenhofer¹, Hans F Wehrl¹, Danny F Newport², Ciprian Catana³, Stefan B Siegel², Markus Becker⁴, Axel Thielscher⁵, Manfred Kneilling⁶, Matthias P Lichy¹, Martin Eichner⁷, Karin Klingel⁸, Gerald Reischl⁹, Stefan Widmaier⁴, Martin Röcken⁶, Robert E Nutt², Hans-Jürgen Machulla⁹, Kamil Uludag⁵, Simon R Cherry³, Claus D Claussen¹ & Bernd J Pichler¹

NATURE MEDICINE VOLUME 14 | NUMBER 4 | APRIL 2008

45.9







/RI



RF Coll

Sampl

Applications – clinical imaging PET-CT PET-MR



Drzezga et al, 2013

Applications - brain



New photodetectors

Avalanche photodiodes (APD)

- Immune to large magnetic fields
- PET-MR
- Very low gain cf PMTs
- Too slow for ToF
- Poor temp stability

Silicon photomultipliers (SiPM)

- High gain
- Very fast ToF PET > 100ps ?
- Better temp stability
- Potential successor to PMT

Digital silicon photomultipliers (dSiPM)

- Electronics/detector on same chip
- Completely digital design
- Digital PET scanner









EU Framework 7 'Hyperimage' project



- New MR-compatible SiPM detector technology
- MR-compatible time-of-flight PET
- MR-based attenuation correction
- Motion compensation
- Example applications in cancer and the heart
- 8 European partners 2008-2011





SiPM-based detector module



Preclinical system

MkII system with digital SiPM detectors

Digital silicon photomultiplier (dSiPM)

- Binary cell outputs summed digitally
- Electronics/detector on same chip
- Completely digital design
- Excellent performance
- Easy to use





(Unfortunately carbon fibre RF shielding not suitable for human systems..)

KCL Medical Engineering Centre/Sublima F7 projects

Dynamic Study of Dual labelled PET/MR Probe

⁶⁴Cu(DTCBP)2-Endorem



(R. T. M de Rosales et al. Angew. Chem. Int. Ed. 2011, 50, 5509–5513)

PET

Simultaneous dynamic study

PET: 20 MBq ⁶⁴Cu frame time 10 – 60 s **MR:** Single slice gradient echo, iron oxide nanoparticle (negative contrast), $\Delta T \sim 45s$



60–120 sec 360– 420 sec

Dynamic MR correct PET for effects of patient motion







Brain Phantom Filled with ¹²⁰I



¹²⁰I – 4 MeV



Brain Phantom Filled with ¹⁸F



¹⁸F - 0.6 MeV

Jon Shah, Hans Herzog, Julich

Philips digital SiPM PET-CT

Vereos PET/CT Digital Photon Counting

Digital Photon Counting (DPC) converts scintillation light directly to a digital signal. The 1:1 coupling of crystals to light sensors produces a linear count rate, faster Time-of-Flight (TOF) performance and overall sensitivity gains.*

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In lab, 100 ps barrier has been broken

Made possible by the combination of:

- Small LaBr₃:Ce(5%) crystals (3 mm x 3 mm x 5 mm)
- Silicon Photomultipliers (Hamamatsu MPPC-S10362-33-050C)
- Digital Signal Processing (DSP)

TUDelft



ML-reconstruction for TOF-PET with simultaneous estimation of the attenuation factors

Johan Nuyts ¹, Ahmadreza Rezaei¹, Michel Defrise²



EXPLORER Consortium



Images for the 2.5 min scans are shown to the left. ALROC curves are shown on right. The long AFOV scanner achieves the same ALROC value at 2.5 mins that the conventional scanner achieves at 20 mins.



18 cm AFOV

RESULTS



RPC-based small animal PET prototype





Paulo Martins



Compton PET Concept



Uses two sets of detectors: low resolution and high

Low resolution detectors can be conventional PET or small animal PET scanner

High resolution detectors 3D stack of position-sensitive solid-state detectors

Resolution to challenge positron range

Setup and Alignment



BGO detectors, electronics not shown

CIMA Collaboration Klaus Honscheid, Ohio State University

2005 IEEE MIC Conference



Peter Thirolf, Munich

Challenges/Opportunities

- New technologies, notably SiPM/ToF, are now finding their way into clinical systems
- ToF promises significant performance improvements (but its not there yet..)
- Applications still based around whole body PET-CT
- Potential of PET-MR still to be demonstrated/exploited
- Possible re-emergence of dedicated hi-res brain systems
- No role currently for solid state detectors...
- Future possibilities from exploiting Compton kinematics..

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